

When to take the measurements

It is important that the edema is at its most reduced state. Most often this is found first thing in the morning or at the end of treatment.

When to measure for a custom garment

Custom gloves are recommended for hand portions with finger stubs or closed fingers.

Length measurements

Length measurements will be necessary between some circumference points. It is recommended that you mark the hand with a non-permanent, non-toxic marker at the necessary circumference points.

Measurement Points

Circumference point '**cA**' is found across the metacarpus.

Circumference point '**cB**' is found at the base of the thumb / thumb web and runs parallel to point '**cA**'. Measurement point '**I A-B**' is the distance between point '**cA**' and point '**cB**'.

Point '**cC**' is found distally on the arm where the wrist meets the hand. One should find the smallest circumference at this point. Measurement point '**I A-C**' is the distance between point '**cA**' and point '**cC**'.

Circumference point '**cC1**' is found 6 cm up the arm from point '**cC**'. If a shorter or longer wrist extension is desired, please indicate length '**I C-C1**'. Should this measurement be omitted a 6 cm extension will be added.

Circumference point '**cZ**' is taken distally on each finger at the point **where the end of the finger stub is desired**. While the distal point is flexible on the fingers, it is strongly recommended that one avoids ending a finger stub on a crease/joint of the finger.

Circumference point '**cX**' is taken proximally on the fingers and the thumb. On the palm side of the hand, this can be easily identified by the crease found at the base of each finger. For the thumb, measure on the distal side of the first thumb bone.

Finger lengths are found by measuring the distance between point '**cZ**' and point '**cX**' on each finger and the thumb.

Measuring and Sizing for Gauntlets and Gloves

