



Patient: Last Name: \_\_\_\_\_ First Name \_\_\_\_\_

Fitter: \_\_\_\_\_ Clinic \_\_\_\_\_

Fitter Title: \_\_\_\_\_ (example: PT/OT/PTA)

Date: \_\_\_\_\_

## Legassist® Calf & Foot

Previously LEGASSIST BELOW KNEE

### Product Information

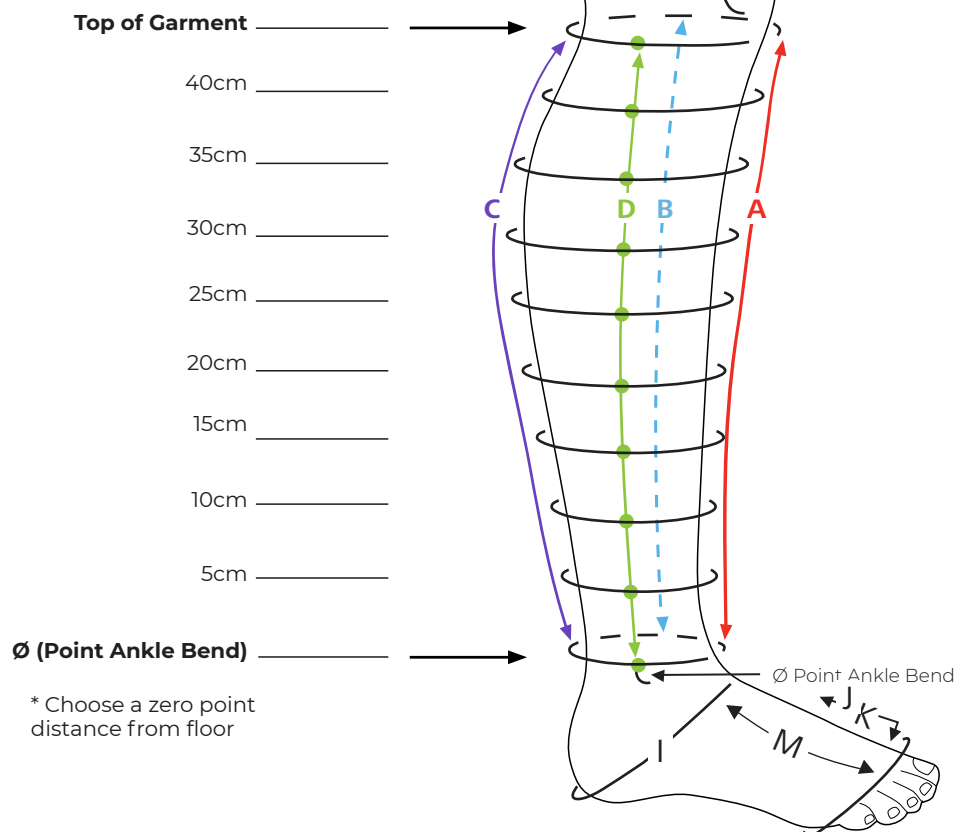
Product includes one Legassist Calf and One Compreboot Plus Foot.

<input type="checkbox"/> Right Leg Size: <input type="checkbox"/> Regular <input type="checkbox"/> Super	<input type="checkbox"/> Left Leg Size: <input type="checkbox"/> Regular <input type="checkbox"/> Super	Foam <input type="checkbox"/> Flat <input type="checkbox"/> Wavefoam	Additional Foot Option <input type="checkbox"/> Custom Medaboot (additional charge)
<input type="checkbox"/> Right Leg Size: <input type="checkbox"/> Regular <input type="checkbox"/> Super	<input type="checkbox"/> Left Leg Size: <input type="checkbox"/> Regular <input type="checkbox"/> Super	Foam <input type="checkbox"/> Flat <input type="checkbox"/> Wavefoam	Additional Foot Option <input type="checkbox"/> Custom Medaboot (additional charge)

**Note:** If the greatest circumference measurement is >60cm, order a Super.

### Circumference Measurements

(Lateral aspect of leg)



Scan the QR code  
to view a Measuring  
Instruction video



## CUSTOM Measuring Instructions

### Important

Measuring for this garment requires special measurements critical to proper fit. Before you begin, attend live training at a SIGVARIS Certified Compression Specialist course near you (info at [sigvariseducation.com](http://sigvariseducation.com)).

Alternatively, call Customer Care Solution Center at **800-322-7744**, or e-mail [us\\_orders@sigvaris.com](mailto:us_orders@sigvaris.com), to receive a remote consultation/training.

### Supplies Needed

Cell phone with camera.  
photos of the arm(s) with  
measurement markings  
must be e-mailed to:

[us\\_orders@sigvaris.com](mailto:us_orders@sigvaris.com)

Measuring instructions  
and forms.

• SIGVARIS GROUP  
Measuring tape and body  
pen (or eyeliner pencil).

• Signed Custom Order  
Terms & Conditions Form  
(include with order).

## INSTRUCTIONS

All measurements should be recorded in centimeters. Apply slight tension to hold the tape measure in place.

### STEP 1: Locate Landmarks

1. The ideal placement for the top edge of the garment is two finger widths below the popliteal crease, and across the fibular head and tibial tuberosity. However, the position of the top of garment can be customized, if needed, to overlap better with a Legassist LCS thigh piece. Encircle leg with top edge of tape measure at the desired location. Using the SIGVARIS GROUP body pen, trace a line around the leg along the top edge of the tape and measure and record the circumference on Top of Garment line.
2. Encircle leg with bottom edge of tape measure aligned with the ankle bend. Mark leg on this edge of tape at the anterior, medial, posterior and lateral aspects, and record the circumference on the line labeled ankle bend (ø point).

### STEP 2: Locate Circumference Measurement Positions

1. Starting with "0" of the tape measure at your mark on the lateral aspect of the ankle bend, mark the leg in 5cm increments up to your mark on the lateral aspect of the top of garment.

### STEP 3: Measure Lengths

1. Measure leg from your mark on the anterior aspect of the ankle bend the anterior aspect of top of garment and record length on line marked A.
2. Measure leg from your mark on the medial aspect of the ankle bend to the medial aspect of top of garment and record length on line marked B.
3. Measure leg from your mark on the posterior aspect of the ankle bend to the posterior aspect of top of garment and record length on line marked C.
4. Measure leg from your mark on the lateral aspect of the ankle bend to the lateral aspect of top of garment and record length on line marked D.

### STEP 4: Measure Circumferences

1. Encircle leg with a tape measure at each mark located between the ankle bend and top of garment, and record each circumference on the line corresponding to each position.

### STEP 5: Measure Foot

1. Measure foot from heel to 1st metatarsal head (or desired boot length) and record length on line K.
2. Measure Top of Foot from the 3rd metatarsal head to ankle bend and record length on line M.
3. Encircle the instep of foot and apex of heel with a tape measure and record the circumference on line I.
4. Encircle the foot across the metatarsal heads and record the circumference on Line J.

**TAKE DIGITAL PHOTOS (REQUIRED) AFTER MEASUREMENT MARKINGS ARE MADE.** EMAIL TO: [us\\_orders@sigvaris.com](mailto:us_orders@sigvaris.com)

NOTE: Legassist Calf & Foot is available in:

7099-BK Flat Foam, 7199-BK WaveFoam, 7299-BK Super, Flat Foam, 7399-BK Super, WaveFoam.